

BODEGA BAY TO SACRAMENTO

136 MILES / 6,970 FEET

START: "Pelican Plaza Grocery & Deli", Bodega Bay, CA

| MILE | WP | R/L | ROAD |
|------|----|-----|---|
| 0.0 | 01 | | proceed north on Hwy 1 Elev = 66' |
| 3.0 | 02 | R | Coleman Valley Road |
| 11.3 | 03 | L | left at intersection with Joy Road |
| 13.1 | 04 | L | Bohemian Hwy Elev = 580' Climbing So Far (csf) = 1,820' |
| 13.3 | 05 | R | Graton Road |
| 19.4 | 06 | S | Frei Road (stop light; no road sign) |
| 20.8 | 07 | R | Guerneville Road |
| 22.9 | 08 | R | Willowside Road |
| 23.8 | 09 | L | Hall Road (no road sign) |
| 25.8 | 10 | S | cross Fulton Road becomes West 3 rd Street |
| 28.7 | | ! | RR Tracks |
| 29.7 | 11 | R | angle right onto Montgomery Drive (obscure road sign) |
| 30.7 | | ! | intersection Farmers Lane |
| 31.2 | 12 | R | Yulupa Avenue |
| 31.8 | 13 | ! | REST & REGROUP #1 – Santa Rosa csf = 2,380' on right: "Whole Foods Market" |
| 33.0 | | ! | on right: "Bennett Valley Center" – Safeway Market |
| 33.6 | | S | becomes Bennett Valley Road |
| 41.3 | 14 | R | Warm Springs Road |
| 43.7 | 15 | L | Arnold Drive |
| 44.5 | 16 | L | Dunbar Road |
| 45.0 | 17 | R | Trinity Road |
| 45.3 | 18 | S | cross Hwy 12 to remain on Trinity Road csf = 3,075' |
| | | ! | CAUTION: <u>very</u> heavy traffic! |
| 48.3 | 19 | L | to remain on Trinity Road at intersection Cavedale Road Elev = 1,680' |
| 50.0 | | S | becomes Oakville Grade |
| | | ! | CAUTION: <i>steep</i> (!) descent |
| 56.1 | 20 | L | Hwy 29 |
| | | ! | CAUTION: <u>very</u> heavy traffic! |
| 56.3 | 21 | ! | on right: Oakville Grocery REST & REGROUP #2 – Oakville |
| 58.1 | 22 | R | Rutherford Cross Road (Hwy 128) |
| 60.9 | 23 | R | Silverado Trail |
| 61.0 | 24 | L | Hwy 128 (Sage Canyon Road) |
| | | ! | CAUTION: large boat trailers! |
| | 25 | L | Steele Canyon Road |
| 76.9 | 26 | ! | REST & REGROUP #3 – Moskowitz Corner Elev = 815' csf = 5,825' exit left onto Hwy 128 |
| 77.1 | 27 | L | remain on Hwy 128 @ intersection Hwy 121 |
| 83.6 | | S | start Cardiac Hill descent (control your speed!) |
| 87.4 | | S | on left: Montecello Dam |

| | | | |
|--------|----|---|--|
| 97.1 | 28 | S | cross Railroad Avenue proceed east on E Grant Avenue |
| 97.9 | 29 | L | on left: Chevron Food Mart ! REST & REGROUP #4 – Winters csf = 6,750' exit left onto Hwy 128 |
| 98.1 | | L | cross I-505. End Hwy 128 begin Russell Blvd |
| 101.0 | | S | veer left: becomes Road 93-A (Russell Blvd continues straight) |
| 102.0 | | L | veer to right: becomes Road 31 |
| 107.2 | 30 | R | cross Road 98. Becomes W Covell Road. Subsequently becomes E Covell Road, then Mace Blvd |
| 113.6 | 31 | L | Road 32A |
| 114.7 | 32 | R | cross RR tracks; then immediately turn left to remain on Road 32A (no road sign) |
| 116.7 | 33 | S | leave Road 32A, proceeding straight onto bicycle path, which then turns right |
| 116.9 | 34 | L | start Yolo Causeway passage |
| 120.1 | | S | exit Yolo Causeway. Veer left, then right on bike path |
| 120.3 | | L | veer left @ Y on bike path toward W Capitol Avenue |
| 120.7 | 35 | L | W Capitol Avenue |
| 123.1 | | ! | on right: Raley's Supermarket |
| 123.4 | | ! | on left: Safeway Supermarket |
| 123.8 | | S | RR underpass |
| 124.0 | | S | cross 5 th Street |
| 124.1 | 36 | R | 3 rd Street |
| 124.3 | 37 | L | South River Road |
| 124.4 | 38 | R | cross Sacramento River on Tower Bridge |
| 124.6 | | S | RR tracks becomes Capitol Mall |
| 124.9 | 39 | L | 5 th Street. Use rightmost of two left turn lanes |
| 125.0 | | S | under Downtown Plaza use right lane |
| 125.1 | | S | cross K Street, using 2 nd lane from right |
| | | ! | CAUTION: this lane also can turn right |
| 125.2 | | S | cross I Street |
| 125.3 | | ! | on left: Sacramento Valley Station |
| | | ! | OPTION: take Amtrak to points elsewhere |
| 125.33 | 40 | R | H Street |
| 125.8 | | S | cross Light Rail tracks |
| | | ! | OPTION: take Light Rail to points elsewhere |
| 126.4 | | S | cross RR tracks |

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|-------|----|----------------------------------|--|
| 127.2 | | S | continue east on H Street through Business 80 / US 99 underpass |
| 127.3 | | S | cross Alhambra Blvd to remain on H Street |
| 129.1 | | S | RR underpass |
| 129.3 | 41 | R | Carlson Drive (get into center of 3 lanes) |
| 129.4 | 42 | L ! R | J Street CAUTION: center lane can proceed straight (!) or left after left turn onto J Street, immediately veer right onto bike/pedestrian path between J |

| | | | |
|--------|----|----------------------|---|
| | | | Street & CSUS campus |
| 129.7 | 43 | R | climb up to levee bike path |
| 130.1 | 44 | L ! | cross American River on Guy West Bridge CAUTION: bike & pedestrian cross traffic! |
| 130.3 | 45 | R | exit bridge onto levee bike path |
| 130.9 | 46 | R | veer right down access path under Howe Avenue bridge |
| 130.95 | | L | American River Pkwy Bike Trail |
| 136.0 | 47 | ! | END: mile 13.5 @ Arden Way access path Elev = 50' Total Elevation Gain = 6,970' |

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