

# LAKE NATOMA LOOP

## 30 MILES / 685 FEET

**START: Mile 13.5, American River Parkway Bike Trail, Carmichael, CA**

MILE	WP	R/L	ROAD
0.0	01		proceed east on American River Parkway Bike Trail Elev = 50'
8.9	02	L	(sharp left) toward fish hatchery
8.92	03	R	cross Nimbus Road at stop sign take bike path toward Hazel Avenue
9.0	04	R	veer right at Y to cross American River on Hazel Avenue Bridge bike/pedestrian path
9.3	05	L !	bike trail <b>CAUTION:</b> steep downhill curving left under Hazel Avenue bridge
14.4		!	on right: parkway toilets
14.6	06	R	Folsom truss bridge. Climb hill
14.8	07	L	Scott Street
14.9	08	R	Sutter Street
15.1	09	R	Wool Street
15.15	10	L	Leidesdorf Street
15.23	11	R	Gold Lake Drive
15.34	12	L	toward bike trail; then immediate left turn onto bike trail
19.6	13	L	left turn onto unnamed road to remain on bike trail
19.9	14	R	right turn to remain on bike route (left turn will cross US 50)
20.0	15	L !	left turn to remain on bike trail do <i>not</i> go through stop sign onto unnamed road
20.4	16	L	cross unnamed road; then left to remain on bike trail
20.9	17	! L	cross Nimbus Road then immediate left to remain on bike path
21.1	18	R	American River Parkway Bike Trail
30.0	19	!	<b>END:</b> Mile 13.5, American River Parkway Bike Trail Total Elevation Gain = 685'

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