

PLYMOUTH TO SACRAMENTO

40 MILES / 1,660 FEET

START: Intersection Old Sacramento Road & Hwy 49, Plymouth, CA

MILE	WP	R/L	ROAD
0.0	01		proceed west on Old Sacramento Road Elev = 1,085'
0.2	02	!	on right: Sharkey Park (tables, toilets). Nice rest spot
5.1	03	R	Latrobe Road
11.4		!	on right: Latrobe School nice spot to snack/rest Climbing So Far (csf) = 580'
11.7		!	RR tracks
19.3	04	L	White Rock Road csf = 965'
21.3	05	R	Placerville Road
23.0	06	L	left turn to remain on Placerville Road
23.1	07	R	turn right onto sidewalk on east side of East Bidwell Street
23.2	08	L	cross East Bidwell Street &

			continue straight onto Iron Point Road
27.8	09	L	Folsom Blvd
29.1	10	R	bike path. Cross US-50 on bike/pedestrian overpass
29.6	11	L	left turn to remain on bike trail; do not go through stop sign onto unnamed road
30.0	12	L	cross unnamed road; then left to remain on bike trail
30.4	13	L	remain on bike trail
30.5	14	R	cross Nimbus Road; then right to remain on bike trail
39.5	15	!	END: mile 13.5, American River Parkway Bike Trail Elev = 50' Total Elevation Gain = 1,660 feet

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