

RANCHO SECO LOOP

82 MILES / 890 FEET

START: Mile 13.5, American River Parkway Bike Trail, Carmichael, CA

MILE	WP	R/L	ROAD
0.0	01		proceed east on American River Pkwy Bike Trail Elev = 50'
3.8	02	R	Rossmore Drive
4.5	03	L	Ambassador Drive
4.6	04	R	McGregor Drive
6.0	05	L	Folsom Blvd
6.2	06	R	Kilgore Road
7.2	07	L	White Rock Road
7.4	08	R	Folsom South Canal (west side)
13.6	09	S ! !	cross Hwy 16 (Jackson Hwy) CAUTION: heavy traffic continue south on Folsom South Canal
13.7	10	R	angle right onto (narrower) bike path (take Sunrise Blvd if flooded)
13.8		R	angle right onto levee road
14.3	11	R	Florin Road
15.2	12	L	Eagles Nest Road
17.1	13	R	Grant Line Road
20.8	14	L	Wilton Road. Food at intersection service stations
22.9		!	on right: "Wilton Store" Climbing So Far (csf) = 180'
24.0	15	L	Dillard Road
24.1		!	on right: "Dillard Store" Last food for 50 miles!
25.0	16	R	Alta Mesa Road
33.1	17	L	Twin Cities Road (Hwy 104) csf = 290'
40.3	18	R	Rancho Seco Park Road

40.6	19	L	left at sign: "Rancho Seco Recreational Area"
42.7		!	Ranch Seco Park. Toilets, camp sites, picnic tables, no food REST & REGROUP csf = 445'
45.4	20	L	Twin Cities Road (Hwy 104)
48.9	21	R	Clay Station Road
55.9	22	R	Tavernor Road
57.0	23	R	Dillard Road
60.9	24	L	Hwy 16 (Jackson Road)
64.3	25	R	Grant Line Road csf = 675'
69.0	26	L	Douglas Road
72.0	27	R !	Sunrise Blvd CAUTION: ride on sidewalk!
73.0	28	R	Mechanical Drive
73.05	29	L	Luyung Drive
74.4	30	L !	White Rock Road fast food available near Sunrise Blvd intersection
75.1	31	R	Kilgore Road
76.1	32	L	Folsom Blvd
76.3	33	R	McGregor Drive
77.7	34	L	Ambassador Drive
77.9	35	R	Rossmore Drive enter Rossmore Bar Park
78.5	36	L	American River Pkwy Bike Trail
82.3	37	!	END: mile 13.5, American River Pkwy Bike Trail Total Elevation Gain = 890'

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