

THE MONSTER 135

135 MILES / 15,000 FEET

START: Bowman Park & Ride, Bowman, CA

MILE	WP	R/L	ROAD
0.0	01	R	exit Park & Ride onto Bowman U.C. Road Elev = 1,585'
0.1	02	R	Bowman Road
1.1		S	cross Bell Road
2.1	03	R	Dry Creek Road
2.3		S	becomes Lake Arthur Road
3.6	04	R	Placer Hills Road. Cross I-80
3.7	05	L	Applegate Road
8.2		S	becomes Geisendorfer Road cross I-80
9.4	06	L	West Paoli Lane
9.5	07	R	remain on West Paoli Lane cross I-80
9.6	08	L	Paoli Lane
9.8	09	L	Ponderosa Way
10.3		S	becomes Canyon Way
14.5		S	go past Iowa Hill Road
14.8	10	!	on right: "Chevron Food Mart" REST & REGROUP #1 Climbing So Far (csf) = 1,530' Elev = 2,410'
14.8	10	!	proceed west on Canyon Way
15.1	11	L	Iowa Hill Road
18.2	12	S	cross North Fork American River start steep climb csf = 1,535' Elev = 1,145'
20.0	13	!	top of initial (steepest) climb! csf = 2,735' Elev = 2,335'
24.3	14	!	on left: "Iowa Hill Store" REST & REGROUP #2 csf = 3,425' Elev = 2,815'
24.5	15	R	Big Dipper Road
24.6		S	remain on Big Dipper Road
26.6	16	L	remain on Big Dipper Road (toward Sugar Pine Dam); Shirttail Canyon Road to right
30.5	17	R	Iowa Hill Road csf = 4,625' Elev = 3,810'
34.5	18	L	remain on F.S. # 10
35.5	19	L	remain on F.S. # 10 (toward Foresthill)

38.0	20	R	Foresthill Road csf = 5,635' Elev = 4,505'
46.9	21	!	on left: "Foresthill Grocery" REST & REGROUP #3 csf = 5,680' Elev = 2,735' ! WARNING: Last food & water access for 61 miles!!! Hyper-hydrate NOW!
47.5	22	L	F.S. # 96 (Mosquito Ridge Road)
56.9		S	cross North Fork of Middle Fork of American River
58.4	23	R	F.S. #23 (Blacksmith Flat Road) to Oxbow Reservoir
59.2	24	L	remain on F.S. #23 (toward Ralston Picnic Area)
60.5		S	start steep climb csf = 6,500' WARNING: this climb may "bug" you
75.4	25	R	at road bifurcation: both roads at fork marked F.S. Rd. #23 ! REST & REGROUP #4 No services! csf = 9,700'
75.8		S	cross bridge. Start steep climb
77.3	26	S	F.S. #2 (Eleven Pines Road)
87.4		S	cross Rubicon River csf = 11,200'
92.1	27	R	Wentworth Springs Road (no road sign) csf = 12,600'
98.3		S	Stumpy Meadows Reservoir
114.8	28	!	on left: "Worton's Market" (Georgetown) REST & REGROUP #5
114.9	29	R	Hwy 193 csf = 13,600'
127.1	30	R	Hwy 49 CAUTION: Heavy traffic, no shoulder, steep and curvy descent!
130.7	31	L	Hwy 49 csf = 14,100'
133.0	32	R	Lincoln Way
135.2	33	!	END: Bowman Park & Ride Total Elevation Gain = 15,000'

